

Free Fluoride Varnish Program

The WIC Fluoride Varnish Program is a children's dental prevention program. It prevents dental caries by providing Fluoride Varnish treatment to children and adults up to age 21. This Program is offered at all seven WIC locations. Services are provided during the WIC appointment and do not increase wait time.

What is Fluoride Varnish?

Fluoride is a sticky coating that is painted on the teeth. The fluoride soaks into the teeth slowly overnight and strengthens the hard enamel on the outside of the teeth.

Fluoride Varnish treatment has been shown to reduce tooth decay by 50 to 70%. It prevents new cavities and can stop cavities that have already started to form on the tooth surface.

What does the treatment involve?

A Broward hygienist assesses the teeth, applies the fluoride coating with a small brush and offers hygiene instructions to each parent and child. The treatment takes no more than five minutes. The child can eat normally but is instructed not to brush their teeth until the next morning. Children are provided with a toothbrush, toothpaste, dental floss and stickers.

If issues are found that require the care of a dentist, a referral is provided for treatment. Clients can visit their own dentist or a DOH-Broward Dental Practice.

Children can receive Fluoride Varnish treatment every 3 months at their quarterly WIC appointment. A consent form must be signed by the parent or guardian to receive treatment. Medicaid will be billed if applicable.

For further information call: 954-467-4705